

**Zajac Ranch Summer Camp 2022  
COVID-19 Protocol**

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## **1.0 Introduction**

Zajac Ranch will be offering Summer Camps for children and young adults with higher needs. This protocol aims to reduce the risk of spreading COVID-19 and has been developed with information from publicly available sources, including the Frasier Health Authority, CDC, WHO, BCBA and ACA, as well as a close look at what other North American summer camps have put in place.

### **During the overnight camps:**

- The common areas, dorms and restrooms will be sanitized after each camp.
- Bathrooms are shared public and private bathrooms, cleaning will be maintained daily throughout the duration of camp.

Below we outline our new COVID-19 health procedures. They reflect the best available information at this time. It is possible that the strategies outlined may change as understanding evolves regarding COVID-19. As such, it should not be considered as rigid, nor is it intended to supplant informed judgment based on observed conditions.

We have obtained the necessary supplies in order to implement these procedures in time for the opening of our 2022 season.

## **2.0 Communications**

- We have posted this health protocol on our website so staff and guests can familiarize themselves with the material.
- We have explained the rules and guidelines to staff during staff training and we explain it to campers on the first day of camp.
- We have posted relevant signage in appropriate places. Examples include: doors to be used for entry VS exit, physical distancing and sanitizing hands.

- During staff training, we train staff on our COVID-19 protocol and make staff familiar with answers to frequently asked questions and common misconceptions related to the COVID-19 pandemic. Our nursing director has carried out demonstrations on behaviors and precautions that staff and campers should abide by.
- We have made staff and participants aware of when to stay home, including but not limited to the display of COVID-19 symptoms, or close contact with anyone displaying symptoms in the 14 days leading up to the camp they participate in.
- We have asked staff and families to immediately notify the ranch, should they experience any symptoms or test positive for COVID-19 in the 14 days following the retreat they have participated in.

## **3.0 Health Screening**

### **3.1 Pre-screening**

In order to ensure everyone's safety during the COVID-19 pandemic, a COVID-19 pre-screening has been put into place. Upon registration, each participants' application is screened by our nursing director and a decision is made regarding whether they can come to camp.

- Each camper ages 12 and up are required to provide their vaccine passport and proof of double vaccination in order to be accepted at camp.

Due to the medical nature of our camp, campers who are not vaccinated, will not be able to attend camp.

### **3.2 On-site screening**

Those who are successfully registered for a Summer Camp at the ranch will undergo an in-person COVID-19 health check upon their arrival. This will include screening for the following:

- Getting their temperature taken (38C or greater would represent a risk)

- Each camper will be asked whether they have experienced an unusual display of the symptoms below. For example, a guest that suffers from allergies or sinus may regularly experience cough or headaches, however this would not be unusual to them.
- The symptoms are as follows:
  - Cough
  - Shortness of breath
  - Diarrhea
  - Fatigue
  - Headaches
  - Muscle aches
  - Nausea
  - Loss of taste or smell
  - Sore throat and painful swallowing
  - Vomiting
  - Chills
  - Stuffy or runny nose
  - Loss of appetite

The same in-person screening applies to staff upon their arrival at the ranch.

Staff and guests will be getting their temperature taken at the beginning of camp. They will also be asked to report if they are experiencing any of the above mentioned symptoms.

## **4.0 Hand Hygiene**

**Hand sanitizers are available in the following areas:**

- In front of the main entrance of the dining hall
- On each table in the dining hall
- In front of the 2 main entrances of each occupied dorm

- In each activity area
- In the kitchen

Our hand sanitizer supply contains greater than 60% ethanol or greater than 70% isopropanol

**Hand soap is available in the following areas:**

- In each restroom in use
- Kitchen

**Staff will be asked to sanitize or wash their hands:**

- Before and after using gloves and / or masks
- Before and after running each activity
- Before, during, and after preparing any food
- After touching garbage
- After using the restroom
- After wiping counters or cleaning other surfaces with chemicals
- After coughing, sneezing, or blowing their nose
- Before and after touching any equipment

**Staff will be asked to use a new pair of disposable gloves:**

- When they are required to touch shared equipment
- When setting tables in the dining hall
- When sanitizing areas

**Staff will be asked to use masks:**

- When they find it necessary to be closer than 6ft to participants
- When setting tables in the dining hall

- When sanitizing areas
- When indoors

## **5.0 Physical distancing between staff / from staff**

Staff will do their best to maintain 6 feet apart from campers. However, as described on the COVID-19 waiver that they are asked to sign prior to coming to the ranch, this may not always be possible. When running activities, we will prioritize the participants' physical safety while doing that activity, which on several occasions including but not limited to helping participants on and off horses, verifying harnesses and helmets or a potential first aid or water rescue, will require staff to be closer than 6 feet. On such occasions, staff will be asked to wear a mask and gloves, excluding impromptu rescues.

## **6.0 Facilities Management**

Ventilation will be increased by keeping windows open, if weather permits, during the day and between sessions.

## **7.0 Food service**

### **Main meals**

- Each camper is assigned a specific table for the duration of their stay. The tables will be at least 6 feet apart.
- We have discontinued the use of common condiments dispensers. Each table has its own condiments.

### **Kitchen staff and chefs**

In addition to following the existing best practices for food preparation and storage, the chefs keep their social distance from the rest of staff and guests and wash their hands frequently, following the same guidelines for hand washing, coughing and sneezing as the rest of staff.

## **8.0 Cleaning and Disinfection**

In an effort to prevent the spread of COVID-19, we have increased the frequency of cleaning and disinfection of all communal spaces, shared items and frequently touched surfaces at the ranch. There will be reminders for campers to handwash between meals and activities.

### **Communal Spaces**

- The dining hall windows must always be open. The dining hall will be fumigated at the end of each retreat and left with increased ventilation
- The dorms and restrooms used by families are disinfected at the end of each family camp and left with increased ventilation

### **Shared Items**

- Whenever possible, we assign items to reduce the quantity of items shared (e.g arts & crafts)
- When this is not possible, shared items will be disinfected between uses (e.g sports equipment)

## Frequently Touched Surfaces

- Surfaces that may be frequently touched by campers will be disinfected when necessary (e.g dining hall surfaces, drinking stations, restrooms, door knobs)

## 9.0 Protective equipment for staff

- Medical face masks are worn by staff whenever interacting with campers closer than 6 feet
- Staff wear face masks and gloves when cleaning and disinfecting
- Staff wear face masks and gloves while working in the dining hall
- Surgical masks and eye protection or face shields will be worn when staff anticipate contact with or close proximity to confirmed or suspected COVID-19 cases or when cleaning and disinfecting areas known or suspected to have been in contact with confirmed or suspected COVID-19 cases.

## 10.0 Activities

Riding & Petting Zoo	<ul style="list-style-type: none"><li>• Participants will be asked to sanitize their hands before and after they get to the barn</li><li>• All shared equipment (e.g., tack, helmets) will be disinfected immediately after each activity period</li><li>• Staff will be asked to wear masks and gloves whenever they need to be less than 6 feet from the participants (e.g, when assisting participants getting on and off the horses)</li></ul>
Low Ropes	<ul style="list-style-type: none"><li>• Participants will be asked to sanitize their hands before and after the activity</li></ul>

Arts & Crafts	<ul style="list-style-type: none"> <li>• Participants will be asked to sanitize their hands before and after the activity</li> </ul>
Drama	<ul style="list-style-type: none"> <li>• No shared supplies from one activity period to the next one</li> </ul>
campfires	<ul style="list-style-type: none"> <li>• The metal s'more sticks will not be shared among campers</li> </ul>

The drinking stations in all activity areas must be sanitized at the end of each activity period.

## **11.0 Vaccination Passports**

- Campers aged 12 and up are required to provide their proof of vaccination during registration prior to their arrival at camp.

## **12.0 Suspected or confirmed case**

### **12.1 Campers who become ill during camp**

1. If campers become ill or suspected of COVID at camp then the parent will be notified and asked to come to the ranch and pick up their child or camper.

### **12.2 Suspected or confirmed case between camps**

**During check out, participants will be asked to notify the ranch, should anyone:**

- Have symptoms in the 5 days following a camp
- Test positive for COVID-19 in the 5 days following a family camp

- Learn about having had contacted with a suspected or confirmed case in the 2 weeks preceding the camp

**During staff training, staff will be instructed to notify the ranch immediately, should they:**

- Have symptoms
- Test positive for COVID-19
- Learn about having had contacted with a suspected or confirmed case in the previous 5 days